

11.26.

[https://www.youtube.com/watch?v=d\\_JagUWpy84&fbclid=IwAR0mkMXyhMkUu8Bw\\_3tVxDddfP99ZvgS-ei0pbWPWqmUUUV4nrdq41UtBjw](https://www.youtube.com/watch?v=d_JagUWpy84&fbclid=IwAR0mkMXyhMkUu8Bw_3tVxDddfP99ZvgS-ei0pbWPWqmUUUV4nrdq41UtBjw)

11.27.

[https://www.youtube.com/watch?v=WjprlcgdKew&t=19s&fbclid=IwAR0mkMXyhMkUu8Bw\\_3tVxDddfP99ZvgS-ei0pbWPWqmUUUV4nrdq41UtBjw](https://www.youtube.com/watch?v=WjprlcgdKew&t=19s&fbclid=IwAR0mkMXyhMkUu8Bw_3tVxDddfP99ZvgS-ei0pbWPWqmUUUV4nrdq41UtBjw)

11.30.

<https://zanza.tv/testneveles-es-sport/sportagi-ismeretek/atletika-sportagtortenet>

12.01.

<https://zanza.tv/testneveles-es-sport/sportagi-ismeretek/atletika-futoszamok>

12.02.

<https://www.youtube.com/watch?v=joMhFC1yL6w&fbclid=IwAR0sQYU7dYvLX5h85h-p4JyAtKIIZ-dbto3vEL7Q670ArVmko-lwnT5mSM8>